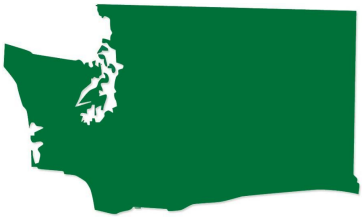

Washington

CPP State Feature

"Administrative Medicaid funding...has allowed us to disseminate CPP across the state."

-Washington State CPP Leader

35 rostered providers*

15 agencies*

CPP Champions: Public, Private, Organizational

Cost-benefit analysis of CPP

Administrative Medicaid funds for training

Legislation enables best practice for IECMH assessment

2014
1st CPP cohort in Washington

2019
1st statewide CPP cohort, TTT cohort for two State LC trainers

2020
CPP named in WA's Title IV-E Prevention Plan and Evidence-Based Practices Guide

2021
State law RCW 74.09.520 funds additional IECMH services

2024
WA establishes public-private funding to train agencies billing Medicaid

2024
CPP is the most cited model in state's annual IECMH report

CPP Champions

A private, public, and organizational partnership

Several key groups have contributed to CPP in WA:

- Perigee Fund helps finance LCs and educates key leaders on issues and solutions.
- Best Starts for Kids helped finance the first statewide LC.
- The state's Medicaid agency elevates the value of CPP.
- Barnard Center functions as the CPP training hub.
- Regional behavioral health agencies Navos and Akin were early adopters of the model.

Advocacy Group for Children's Mental Health

Created by legislature to inform state laws and funding

The Children and Youth Behavioral Health Work Group proposes policies to improve services in Washington. It has a subgroup composed of lawmakers and subject matter experts for children aged prenatal-5. In 2021, the sub-group lobbied successfully for a state rule allowing up to 5 assessment sessions with DC:0-5. In 2024, it proposed a 30-65% increase to family therapy rate for children 0-5.

Public-Private Partnership

Medicaid-matched funds pay for training

Private-sector funding is matched with public Medicaid administrative dollars to support CPP training and evaluation for Medicaid-serving agencies in Washington. Federal Medicaid Administrative dollars (available in all states) cover at least 50%* of eligible costs and are separate from Medicaid claims for services. For more, see 'Medicaid Claiming' section on the WA state feature page.

ChildParent Psychotherapy

*Numbers are current as of March 2025.

The content of this document is intended for informational use only. If you are interested in becoming involved with CPP policy advocacy in your state, please fill out this survey.

The CPP Dissemination Team would like to thank Christine Cole, Kiki Fabian, Haruko Wanatabe, Mindy Davis, and Monica Oxford for providing context into CPP sustainability in Washington.