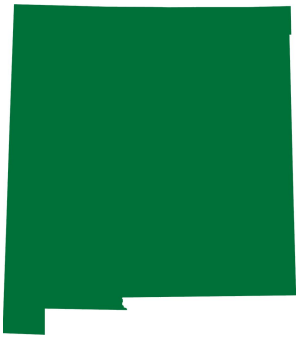

# New Mexico

## CPP State Feature

*"IECMH has chosen to restructure the delivery of clinical services for the IMH program around Child-Parent Psychotherapy"*

-IECMH Health Team Manual

**82 providers**

**37 agencies**

**Policy champions (Soledad and Ilse)**

**Foundational training for CPP participants**

**Higher CPP reimbursement**

**State funding allocation based on CPP outcomes**

**2013**
First CPP training, as a collaboration with UNM

**2016**
State-sponsored LC for first state trainer begins

**July 2017**
Implementation of year-long primer for CPP training

**2019**
State-funded "case rate" for CPP reporting is introduced

**2019**
IMH restructures clinical program to center CPP

**July 2023**
State switches from re-unification to clinical outcome measures

### CPP Case Rate

***Rate facilitates lower caseload and higher compensation***

State CPP leaders partnered with the CYFD behavioral health director and bureau chief to develop a program to track CPP service delivery for the Legislative Finance Committee. Clinicians report the data and are compensated for their time through the state general fund. CPP leaders noted that this "case rate" is an incentive for agencies to lower caseloads and/or raise compensation for clinicians.

### IMH-CPP Program

***Government-designated unit tasked with disseminating CPP***

The Infant and Early Childhood Mental Health (IMH) Services is a legislative program that has centered CPP in its mission to mitigate the transmission of intergenerational trauma. This program sponsors foundational and CPP training, maintains a provider directory, and advocates to the legislature and state agencies. IMH chose CPP as "it is the only Evidence Based Practice for infants 0-5 who have experienced trauma."

### Pre-CPP Foundational Training

***Workforce development in competencies for IECMH***

In partnership with IMH, the University of New Mexico offers a two-semester, state-funded training program in trauma, development, and attachment as a primer to a CPP Learning Collaborative. The primer prepares clients for state-specific duties (one of the professors developed the instrument used in state CPP reporting) and serves as a platform for support (for example, ongoing consultation with rural providers.

ChildParent Psychotherapy

Current version: March 2024. The content of this document is intended for informational use only. If you are interested in becoming involved with CPP policy advocacy in your state, please fill out this survey.

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