



TRAINING AGREEMENT (v. 2020)

These are the minimum training component requirements for all CPP Learning Collaborative participants. Those who complete these requirements will be invited to be on the CPP roster.

CPP Learning Collaborative Components
<p>Component 1: Participate in initial core CPP Didactic Training</p> <ul style="list-style-type: none"> • 18 content hours minimum
<p>Component 2: Read the CPP manual</p> <ul style="list-style-type: none"> • (Required) Lieberman, A.F., Ghosh Ippen, C., & Van Horn, P. (2016). <i>Don't Hit My Mommy: A Manual for Child-Parent Psychotherapy with Young Children Exposed to Violence and Other Trauma, Second Edition</i>. Washington, DC: Zero to Three • (Strongly recommended) Lieberman, A.F. & Van Horn, P. (2008). <i>Psychotherapy with Infants and Young Children: Repairing the Effects of Stress and Trauma on Early Attachment</i>. New York: The Guilford Press.
<p>Component 3: Provide CPP to children under age 6 who have experienced at least one traumatic event</p> <ul style="list-style-type: none"> • Work with the minimum number of families given role in agency <ul style="list-style-type: none"> • Clinician Participants: 4 CPP cases • Supervisor Participants: 2 CPP cases • At least 2 cases must be treated for at least 16 sessions <ul style="list-style-type: none"> • At least 1 of the two must have started at the beginning and included a full foundational phase • Both of these must have included dyadic sessions following the session where the child is introduced to CPP using the CPP Triangle. • For Clinician Participants, the other two cases must be seen for at least 4 face-to-face sessions • All involved a child under age 6 who had experienced at least one traumatic event (may include separation from a primary caregiver) <p>Possible exceptions for Clinician Participants only: <u>1 of the 4 cases</u> may involve either: 1) a pregnant mother or a baby under 18 months of age, where the caregiver's experience of trauma or other mental health conditions (e.g. depression) is the primary reason for referral; or 2) a child who has experienced a trauma but is age 6 at referral. On occasion a trainer may grant an exception if a child is under 8 but has significant developmental delays.</p> <ul style="list-style-type: none"> • This requirement may be completed after an LC has ended provided the person treated at least one case for at least 16 sessions during the LC, the person completed the components of the LC, and the person continues in CPP supervision (minimum twice monthly) at their agency with a supervisor who has been trained in CPP until they complete this requirement. This work must be completed within 3 years of finishing an LC.
<p>Component 4: Participate in reflective CPP supervision</p> <ul style="list-style-type: none"> • Supervision provided by agency supervisor • Either individual or group

<ul style="list-style-type: none"> • Ideally once per week, minimum 2x per month (on weeks when there is no consultation call)
<p>Component 5: Participate in ongoing CPP consult calls</p> <ul style="list-style-type: none"> • Attend at least 70% of consult calls during the 18-month period (a minimum of 23 calls) • Consultants will make every effort to provide at least 33 calls in the 18 month period
<p>Component 6: Case Presentation</p> <ul style="list-style-type: none"> • Present at least two times on CPP consultation calls unless group size does not permit. • Share CPP Case Presentation Template and clinical material (process notes or video). • Supervisor of the CPP case being presented should also be present on the calls if they are not a participant in the CPP LC.
<p>Component 7a: Participate in Intensive CPP Competency Building Workshops (Learning Session 2)</p> <ul style="list-style-type: none"> • 12 content hours minimum • Typically held 6 months after the initial didactic training
<p>Component 7b: Participate in Intensive CPP Competency Building Workshops (Learning Session 3)</p> <ul style="list-style-type: none"> • 12 content hours minimum • Typically held 12 months after the initial didactic training
<p>Component 8: Fidelity Monitoring (see below)</p>
<p>Fidelity requirements vary by cohort due to the current lack of a CPP data system to allow for consistent entry of fidelity data. Your trainer will tell you the requirements for your cohort.</p>
<ul style="list-style-type: none"> • Complete therapist fidelity forms: Minimum 2 cases (Ideally one high challenge and one low challenge case) <ul style="list-style-type: none"> • If a "fidelity case" terminates prior to completing 16 sessions, begin fidelity monitoring with another case • Review form with agency supervisor • Complete consultation fidelity instrument as scheduled CPP trainer • Complete supervision fidelity instrument as scheduled by CPP trainer <p>Note: If consultants have serious concerns with CPP fidelity (e.g. not able to meet procedural fidelity, serious challenges conducting dyadic treatment, concerns with the way safety is addressed), they will discuss concerns with the participant and their supervisor/agency administrator. Significant breaches in fidelity that are not addressed may prevent rostering.</p>

All training sessions, learning sessions, and consult calls must be conducted by either endorsed CPP trainers or approved CPP apprentice trainers.

<h2 style="margin: 0;">Educational and Licensure Requirements</h2>
<p>At the start of training, participant is a Master's or doctoral level psychotherapist with a degree in a mental health discipline.</p>
<p>Note: This training is not considered intensive enough for student (e.g. practicum students and psychology interns to learn the model).</p>
<p>Unlicensed master's and doctoral level staff are eligible for participation and the roster only if:</p> <ul style="list-style-type: none"> • There is a licensed agency staff member who supervises that team member and participates in the LC for the duration of the training OR • There is a licensed agency supervisor already trained in CPP who supervises that team member.

- If you do not complete the minimum requirements, you will not complete the course, and you will not be included on a roster.
- If you miss the first learning session, you will not be able to begin training until you complete that learning session.
- If you miss the second or third learning session or are slightly under the required number of consultation sessions, you may request that your CPP trainer provide you with additional consultation and/or the possibility of attending another learning session in order to gain additional CPP training experience and make-up the training hours. CPP trainers will generally try to accommodate your request because we want everyone to complete training, but there may be additional costs associated with these make-up sessions, and we cannot guarantee that make-up sessions will be available.

Upon completion of all minimum training requirements along with educational and licensure requirements, you will receive a certificate of completion, and you will be invited to the national Child-Parent Psychotherapy roster.

By signing here, you acknowledge that you understand and agree with the minimum requirements for completing an implementation-level course in Child-Parent Psychotherapy.

Therapist name (please print)

Therapist Signature & Date

Agency name (please print)