

CPP FIDELITY COMPASS: OVERVIEW

PROCEDURAL

- Did you follow the procedures for each phase?
- If not, what were the obstacles?
- How do procedural gaps affect your relationship with the family, case conceptualization and interventions?
- How might you address any procedural gaps?

REFLECTIVE PRACTICE

- How do you understand your emotional states and how they affect . . .
 - How present you are?
 - Your perceptions & perspective?
 - Your interventions?
 - Other aspects of fidelity?
- What do you need to feel integrated?

EMOTIONAL PROCESS

- What are the emotional states of each family member?
- How are your interventions responsive to these emotional states?

DYADIC RELATIONAL

- Are you able to track both the caregiver's & child's emotional states & behaviors, or are you pulled towards one?
- Are you able to hold each family member's needs and history?
- Do your interventions build understanding and connection among family members?

TRAUMA FRAMEWORK

- How do you integrate each family member's trauma history into your case conceptualization and interventions?
- How does their history affect . . .
 - Their response to you and to treatment?
 - Their relationship?
 - Their emotions & behaviors (e.g. play)?

CONTENT

- Do you have a clear case formulation (triangles)?
- What are your primary treatment goals?
- How do these goals . . .
 - Help you identify ports of entry?
 - Shape your interventions?

