

CPP Agency Mentorship Program (C.A.M.P.)

Training Agreement for Training Participants (v. 2018)

These are the minimum training component requirements for all C.A.M.P. Participants. A C.A.M.P. Participant is an agency clinical staff member who is participating in a C.A.M.P. training as a way to learn CPP. Clinical staff who complete a C.A.M.P. training will be invited to be on the CPP roster. This training is not considered intensive enough for students (e.g., practicum students and psychology interns to learn the model).

C.A.M.P. Application Criteria

- C.A.M.P. Team is part of an agency that has completed or is part of an ongoing C.A.M.P. training
- Participants are able to provide services to children 0-5 and their caregivers
- C.A.M.P. Clinician Participant can hold at least 4 CPP cases over 18 months; Supervisor Participant can hold 2 CPP cases over 18 months
- At the start of training, each Participant is a licensed master's or doctoral level psychotherapist with a degree in a mental health discipline. Unlicensed staff may participate but only if the Agency and Mentorship Team consent* and there is a licensed agency staff member who supervises that team member and participates for the duration of the training.
 - * Exception has been granted by Agency and Mentorship Team

C.A.M.P. Model Components

Component 1: Participate in initial core CPP didactic training

- 18 hours minimum of didactic training

Component 2: Read the CPP manual

- (Required) Lieberman, A.F., Ghosh Ippen, C., & Van Horn, P. (2016). *Don't Hit My Mommy: A Manual for Child-Parent Psychotherapy with Young Children Exposed to Violence and Other Trauma, Second Edition*. Washington, DC: Zero to Three
- (Strongly recommended) Lieberman, A.F. & Van Horn, P. (2008). *Psychotherapy with Infants and Young Children: Repairing the Effects of Stress and Trauma on Early Attachment*. New York: The Guilford Press.

Component 3: Provide CPP to children under age 6 who have experienced at least one traumatic event

- Work with the minimum number of families given role in agency
 - Clinician Participants: 4 CPP cases
 - Supervisor Participants: 2 CPP cases
- At least 2 of the cases must be treated for at least 16 sessions
 - At least 1 of the two must have started at the beginning and included the foundational phase

- Both of these must have included dyadic sessions
- For Clinician Participants, the other two cases must be seen for at least 4 face-to-face sessions in any treatment phase
- All involved a child under age 6 who had experienced at least one traumatic event (may include separation from a primary caregiver)

Possible Exception for Clinician Participants only: 1 of the 4 cases may involve either: 1) a pregnant mother or a baby under 18 months of age, where the caregiver's experience of trauma or other mental health conditions (e.g. depression) is the primary reason for referral; or 2) a child who has experienced a trauma but is age 6 at referral. On occasion a trainer may grant an exception if a child is under 8 but has significant developmental delays.

- This may be done over multiple years provided the person initially completes a year of training at an endorsed C.A.M.P. site, treated at least one case for at least 16 sessions at the C.A.M.P. site and then, with the site's approval, continues CPP work at an agency with a rostered CPP supervisor (this could be a rostered clinician who has begun supervising). This work must be completed within 3 years of finishing the C.A.M.P. training.

Component 4 (4a): Participate in weekly reflective CPP supervision provided by C.A.M.P. Apprentice Trainer

Once per week for 18 months (minimum 55 supervision sessions) (select one option below)

- One hour individual or small group (2 people) supervision
- Two hours larger group (3-4 people) supervision

Component 5 (5b): Attend CPP case conferences

- Once per month minimum for 18 months, 1-1.5 hours each session
- 13 hours minimum

Component 6: Case Presentation

Present at least two times during the CPP case conference with CPP supervisor present (size of training team permitting). Share CPP Case Presentation Template and clinical material (process notes or video).

Component 7 (7a) : Participate in intensive CPP Competency Workshops

- Minimum 12 hours
- Sites may choose to organize smaller sessions (e.g. 3 half-day sessions or two single day workshops during a year long period).
- A minimum of a half day for each session is required

Component 8: Complete Fidelity Forms

- Complete therapist fidelity forms: Minimum 2 cases (Ideally one high challenge and one low challenge case)
 - If a "fidelity case" terminates prior to completing 16 sessions, begin fidelity monitoring with another case
 - Review forms with C.A.M.P. Apprentice Trainer
- Complete supervisor fidelity (may be done anonymously with feedback shared with agency)

Note: If C.A.M.P trainers have serious concerns with CPP fidelity e.g. not able to meet procedural fidelity, serious challenges conducting dyadic treatment, concerns with the way safety is addressed), they will discuss concerns with the participant and their agency senior leader. Significant breaches in fidelity that are not addressed may prevent rostering.

Note: (a), (b) are used to denote differences in components across different implementation-level CPP trainings. All training sessions, learning sessions, and consult calls must be conducted by either endorsed CPP or C.A.M.P. trainers or approved CPP or C.A.M.P. apprentice trainers

By signing here, you acknowledge that you understand the minimum requirements for completing a C.A.M.P. training. A C.A.M.P. training is an implementation-level CPP Course. Upon completion of all minimum training, educational, and licensure requirements, you will receive a certificate of completion, and you will be invited to the national Child-Parent Psychotherapy roster.

If you miss the core CPP didactics, you will not be able to begin training until you complete that component. If you do not complete the minimum requirements, your participation in the C.A.M.P. training will be marked as incomplete, and you will not be included on the CPP roster. Should you leave the agency and join another C.A.M.P. Agency, you may complete the training provided that both agencies are in agreement and can develop a training plan.

Please sign below or complete a survey to indicate that you are aware of and agree with these requirements.

C.A.M.P. Participant name (please print)

C.A.M.P. Participant Signature & Date

Agency name (please print)