



CPP Agency Mentorship Program (C.A.M.P.) Training Agreement for Agency Apprentice Trainers

These are the minimum component requirements for all C.A.M.P. Agency Apprentice Trainers. A C.A.M.P. Agency Apprentice Trainer is a supervisor within a C.A.M.P. Site who is being mentored to conduct CPP training as outlined by the C.A.M.P. model.

The C.A.M.P. training model is designed to promote agency CPP sustainability by developing a team of supervisors who can train within the agency to implementation-level standards. Agency supervisors are mentored to conduct the training components listed on page 2. Those who demonstrate fidelity and competence in these components become endorsed C.A.M.P. Agency Trainers.

There are separate but related requirements for C.A.M.P. Participants (agency clinical staff who are trained by the C.A.M.P. trainers). This form must be completed by each C.A.M.P. Agency Apprentice Trainer and by an Agency Senior Leader.

C.A.M.P. Application Criteria (Overview)
<input type="checkbox"/> Nomination by CPP trainer
<input type="checkbox"/> Availability of an endorsed C.A.M.P. Mentor
<input type="checkbox"/> Approval and agreement of collaboration from CPP Development Team
<input type="checkbox"/> Robust CPP supervisory team <ul style="list-style-type: none"> <input type="checkbox"/> All supervisors are licensed in a mental health-related field <input type="checkbox"/> Minimum 3 CPP Supervisors who have completed Implementation-Level CPP training <input type="checkbox"/> Each supervisor has demonstrated fidelity and competence in CPP <input type="checkbox"/> If seeking exception to minimum of 3 CPP Supervisors, state reason: _____
<input type="checkbox"/> Agency fidelity <ul style="list-style-type: none"> <input type="checkbox"/> CPP procedural fidelity can be met within agency <input type="checkbox"/> Weekly reflective CPP supervision <input type="checkbox"/> Low turnover rate of staff <input type="checkbox"/> Can conduct training components of the C.A.M.P. model

Note: Please ensure that you obtain a letter of support from an endorsed C.A.M.P. Mentor and the CPP Development Team prior to applying for funding to support a C.A.M.P. training at your agency. Without a prior agreement with the C.A.M.P. Mentor and the CPP Development Team, it will not be possible to arrange a C.A.M.P. training.

C.A.M.P. Model Components (for Apprentice Trainers)

Component 1: Core CPP didactics

Provide 18 hours minimum of didactics training. Depending on agency staff experience with CPP and training, the Agency Team and Mentorship Team select from one of the following options:

- a) Mentorship Team conducts didactic training alone. Apprentice Trainers observe and will learn to conduct the didactics in a future training. Alternately, the agency may plan to always have didactics conducted by Mentor (e.g. if mentor is local)
- b) Mentorship Team conducts training with Agency Apprentice Trainers
- c) Mentorship Team reviews training conducted by Agency Apprentice Trainers (may include observing via technology, review of video or audiotapes, discussing training, reviewing feedback)

Component 2: Ensure Agency Team reads the CPP manual

- (Required) Lieberman, A.F., Ghosh Ippen, C., & Van Horn, P. (2016). *Don't Hit My Mommy: A Manual for Child-Parent Psychotherapy with Young Children Exposed to Violence and Other Trauma, Second Edition*. Washington, DC: Zero to Three
- (Strongly recommended) Lieberman, A.F. & Van Horn, P. (2008). *Psychotherapy with Infants and Young Children: Repairing the Effects of Stress and Trauma on Early Attachment*. New York: The Guilford Press.

Component 3: Ensure Agency Team has the capacity to treat CPP cases

Component 4a: Conduct weekly CPP supervision

Provide minimum weekly 1-hour supervision to individual clinician or small groups of 2-4 clinicians; if supervision is done in groups of 3 or more clinicians, we recommend a 2-hour supervision group. If possible, assign two or more supervisors for each staff member.

Component 4b: Group consultation on CPP supervision

Apprentice Trainers attend group consultation calls once per month for 2 hours. Apprentice Trainers present supervision cases to Mentorship Team to discuss CPP supervision and think about ways to ensure fidelity and support CPP implementation. Development Team attends minimum of 4 supervision consultation sessions.

Component 5b: CPP case conferences

- Team members rotate (including Agency Apprentice Trainers and C.A.M.P. Participants) presentation of CPP cases
- The entire team discusses the case
- This meeting should be minimum once a month, at least one hour long, but 1.5 hours is preferable
- CPP Mentorship Team attends the case conference (either in person or via distance technology) and provides support to the team and fidelity monitoring as they discuss cases

Component 6: Case Presentation

- Ensure that C.A.M.P. Participants present two times during the CPP case conferences with supervisor present (size of training team permitting)

Component 7a: Intensive CPP competency workshops

- Workshops conducted over 2 full days or 4 half days spread throughout the 18 months, 12 hours minimum
- Include the entire CPP Agency team (including ideally senior agency administrative staff)

<ul style="list-style-type: none"> ● Learning sessions consist of case presentations that include videotaped sessions and process notes and any additional necessary didactics or discussions about fidelity needed to help the team learn the model ● Depending on the experience level of the team, the CPP Mentorship Team may choose to support the team in one of the following ways <ul style="list-style-type: none"> <input type="checkbox"/> a) Attend in person <input type="checkbox"/> b) Attend via distance (e.g. internet) and provide support and feedback <input type="checkbox"/> c) Review taped trainings <input type="checkbox"/> d) Process the training with trainers
<input type="checkbox"/> Component 8a: Fidelity Forms Provide support, training, and monitoring to assist Training Participants in completing fidelity forms
<input type="checkbox"/> Component 8b: Systems consultation and fidelity monitoring Participate in 3 calls with Development Team. An Agency Senior Leader will also attend these calls
<input type="checkbox"/> Component 9: CPP technology Capacity to use CPP systems to monitor training participation, capture fidelity data, and add Training Participants to the CPP roster when they have completed training (mentorship provided by Development Team)

By signing here, you acknowledge that you understand the minimum requirements for completing a C.A.M.P. training. Upon successful completion of the training components the C.A.M.P. Agency Apprentice Trainer will become an endorsed C.A.M.P. Agency Trainer and will be invited to the CPP trainer roster.

If an Apprentice Trainer does not complete a specific component (e.g. Component 1: Core CPP didactics), he/she may continue to train provided that another trainer endorsed to complete that component partners with the Apprentice Trainer in future trainings.

Please sign below or alternately indicate that you are aware of and agree with these requirements.

Apprentice Trainer name (please print)

Apprentice Trainer Signature & Date

Agency name (please print)