Child-Parent Psychotherapy

Implementation-Level Trainings
Learning Components

Chandra Ghosh Ippen, Ph.D.
Ann Chu, Ph.D.
Alicia F. Lieberman, Ph.D.
Implementation-Level Training in CPP

Key Ingredients Related to Learning CPP
CPP Foundational Knowledge

- Infant and early childhood development
- Adult development
- Sociocultural influences on functioning
- Developmental psychopathology and diagnostic frameworks
- Reporting laws and ethics
- Trauma theory

(Lieberman, Ghosh Ippen, & Van Horn, 2015)
CPP Didactic Learning

- Read the CPP manual
- Attend CPP didactics
- Take in
  - CPP stance
  - Theoretical foundations
  - Organization
  - Procedures
  - Competencies

Ghosh Ippen, Van Horn, Lieberman, 2016
Active Learning

- Partner with and provide CPP to families
- Consolidates didactic learning
- Growth from trying new ways of intervening
- Raise questions
- Allow for deeper understanding of the complexities of the work
Mentorship

• Learning by thinking with others
• Teams that grapple together grow together
• Consult calls
• Within agency supervision and team meetings
Agency Support

Implementation support
• Team approach
• Support for learning
• Support for a trauma-informed practice
• Aligning
  – CPP and agency procedures
  – Billing with CPP activities
Implementation-Level CPP Training: 3 Models

- 18-Month CPP Learning Collaborative
- CPP Agency Mentorship Program (C.A.M.P.)
- Endorsed CPP Internship